INFORMATION NUTRITIONNELLE

TAILLES: PETIT (S), MOYEN (M), GRAND (L)

BOISSONS CHAUDES

	Taille	Énergie	Calories provenant des lipides	Lipides (g)	Lipides saturés (g)	Lipides trans (g)	Cholestérol (mg)	Sodium (mg)	Glucides (g)	Fibres (g)	Sucres (g)	Protéines (g)	Vitamines A (%)	Vitamines C (%)	Calcium (%)	Fer (%)	Caféine (mg)
Café Frais	S	5.0	0.0	0.0	0.0	0.0	0.0	5.0	1.0	0.0	0.0	0.2	0.0	0.0	0.0	2.0	206.0
	M	10.0	0.0	0.0	0.0	0.0	0.0	10.0	2.0	0.0	0.0	0.5	0.0	0.0	0.0	2.0	274.0
	L	10.0	0.0	0.0	0.0	0.0	0.0	10.0	2.0	0.0	0.0	1.0	0.0	0.0	2.0	2.0	343.0
Café aromatisé	S	5.5	0.0	0.0	0.0	0.0	0.0	5.0	1.0	0.0	0.01	0.2	0.0	0.0	0.0	2.0	206.0
	M	10.6	0.0	0.0	0.0	0.0	0.0	10.0	2.0	0.0	0.0	0.5	0.0	0.0	0.0	2.0	274.0
	L	15.0	0.0	0.0	0.0	0.0	0.0	10.0	2.0	0.0	0.0	1.0	0.0	0.0	0.0	2.0	343.0
Café Moka	ENTIER																
	S	330.0	100.0	11.0	7.0	0.2	40.0	370.0	46.0	1.0	13.0	14.0	0.0	0.0	50.0	10.0	90.0
	M	450.0	130.0	14.0	9.0	0.3	55.0	500.0	61.0	2.0	17.0	19.0	0.0	0.0	70.0	15.0	150.0
	L	550.0	160.0	18.0	11.0	0.3	65.0	620.0	76.0	2.0	21.0	23.0	0.0	0.0	80.0	20.0	210.0
	ÉCRÉMÉ																
	S	250.0	20.0	2.0	1.5	0.0	5.0	380.0	46.0	1.0	13.0	14.0	0.0	0.0	50.0	10.0	90.0
	M	330.0	25.0	3.0	2.0	0.0	10.0	500.0	61.0	2.0	17.0	19.0	0.0	0.0	70.0	15.0	150.0
	L	410.0	35.0	3.5	2.5	0.0	10.0	630.0	76.0	2.0	21.0	23.0	0.0	0.0	80.0	20.0	210.0
	2.00%																
	S	300.0	70.0	7.0	4.5	0.2	30.0	370.0	46.0	1.0	13.0	14.0	0.0	0.0	50.0	10.0	90.0
	M	410.0	90.0	10.0	6.0	0.3	40.0	500.0	61.0	2.0	17.0	19.0	0.0	0.0	70.0	15.0	150.0
	L	500.0	110.0	12.0	8.0	0.3	45.0	620.0	76.0	2.0	21.0	23.0	0.0	0.0	80.0	20.0	210.0
	SOJA																
	S	290.0	60.0	6.0	2.0	0.0	5.0	380.0	48.0	3.0	11.0	12.0	0.0	0.0	25.0	20.0	90.0
	M	390.0	80.0	9.0	2.5	0.0	10.0	510.0	64.0	4.0	15.0	16.0	0.0	0.0	35.0	30.0	150.0
	L	490.0	100.0	11.0	3.0	0.0	10.0	630.0	27.0	5.0	18.0	20.0	0.0	0.0	40.0	35.0	210.0
	LACTOSE																
	S	290.0	70.0	7.0	4.5	0.2	30.0	340.0	42.0	1.0	10.0	16.0	0.0	0.0	50.0	10.0	90.0
	M	390.0	90.0	10.0	6.0	0.3	40.0	450.0	56.0	2.0	13.0	22.0	0.0	0.0	70.0	15.0	150.0
	L	480.0	110.0	12.0	8.0	0.3	45.0	570.0	69.0	2.0	16.0	26.0	0.0	0.0	80.0	20.0	210.0
Espresso	2.00%																
	L	4.0	0.1	0.0	0.0	0.0	0.0	5.0	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	90.0
	SOJA																
	L	5.0	0.1	0.0	0.0	0.0	0.0	10.0	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	150.0
	LACTOSE																
	L	10.0	0.2	0.1	0.0	0.0	0.0	15.0	2.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	210.0
Cappuccino	ENTIER																
	S	100.0	45.0	5.0	3.0	0.2	20.0	85.0	8.0	0.0	7.0	5.0	4.0	2.0	15.0	2.0	246.0
	M	120.0	60.0	6.0	4.0	0.2	25.0	105.0	10.0	0.0	9.0	6.0	6.0	4.0	20.0	2.0	307.0
	L	150.0	70.0	7.0	4.5	0.3	30.0	130.0	13.0	0.0	11.0	7.0	6.0	4.0	25.0	2.0	369.0
	ÉCRÉMÉ																
	S	60.0	5.0	0.5	0.3	0.0	5.0	90.0	9.0	0.0	6.0	5.0	8.0	2.0	15.0	2.0	246.0
	M	80.0	5.0	0.5	0.3	0.0	5.0	110.0	11.0	0.0	8.0	6.0	10.0	4.0	20.0	2.0	307.0
	L	90.0	5.0	0.5	0.4	0.0	5.0	135.0	13.0	0.0	9.0	7.0	15.0	4.0	25.0	2.0	369.0
	2.00%																
	S	80.0	25.30	3.0	2.0	0.1	10.0	85.0	9.0	0.0	7.0	5.0	8.0	2.0	15.0	2.0	246.0
	M	100.0	35.0	3.5	2.0	0.1	15.0	110.0	11.0	0.0	9.0	6.0	10.0	4.0	20.0	2.0	307.0
	L	120.0	40.0	4.5	2.5	0.1	15.0	130.0	13.0	0.0	7.0	7.0	10.0	4.0	25.0	2.0	369.0
	SOJA																
	S	80.0	25.0	3.0	0.4	0.0	0.0	95.0	9.0	2.0	1.0	6.0	8.0	0.0	6.0	10.0	246.0
	M	110.0	35.0	3.5	0.5	0.0	0.0	120.0	11.0	2.0	1.0	8.0	10.0	0.0	6.0	15.0	307.0
	L	130.0	40.0	4.5	0.5	0.0	0.0	140.0	13.0	3.0	1.0	10.0	15.0	0.0	8.0	20.0	369.0
	LACTOSE																
	S	90.0	30.0	3.0	2.0	0.0	10.0	90.0	9.0	0.0	7.0	5.0	8.0	0.0	25.0	2.0	246.0
	M	110.0	35.0	4.0	2.5	0.0	10.0	115.0	11.0	0.0	9.0	6.0	10.0	0.0	35.0	2.0	307.0
	L	130.0	40.0	4.5	3.0	0.0	15.0	140.0	13.0	0.0	10.0	7.0	15.0	0.0	40.0	2.0	369.0
LatteBené	ENTIER																
	S	190.0	90.0	10.0	6.0	0.4	40.0	160.0	15.0	0.0	15.0	10.0	10.0	4.0	35.0	2.0	123.0
	M	260.0	120.0	14.0	9.0	0.5	55.0	210.0	20.0	0.0	21.0	14.0	15.0	6.0	45.0	2.0	152.0
	L	320.0	150.0	17.0	10.0	0.5	70.0	260.0	25.0	0.0	25.0	17.0	15.0	8.0	50.0	2.0	212.0
	ÉCRÉMÉ																
	S	110.0	5.0	0.5	0.4	0.0	5.0	170.0	16.0	0.0	13.0	10.0	20.0	6.0	35.0	2.0	123.0
	M	150.0	10.0	1.0	0.5	0.0	5.0	220.0	21.0	0.0	18.0	14.0	25.0	6.0	45.0	2.0	152.0
	L	190.0	10.0	1.0	0.5	0.0	10.0	270.0	26.0	0.0	22.0	17.0	30.0	8.0	60.0	2.0	212.0
	2.00%																
	S	160.0	50.0	6.0	3.05	0.2	25.0	160.0	16.0	0.0	15.0	10.0	15.0	6.0	35.0	2.0	123.0
	M	210.0	70.0	8.0	5.0	0.3	30.0	220.0	21.0	0.0	20.0	14.0	25.0	6.0	45.0	2.0	152.0
	L	260.0	90.0	10.0	6.0	0.3	40.0	270.0	26.0	0.0	24.0	17.0	30.0	8.0	60.0	2.0	212.0
	SOJA																
	S	160.0	50.0	6.0	1.0	0.0	0.0	180.0	16.0	4.0	2.0	14.0	20.0	0.0	10.0	25.0	123.0
	M	220.0	70.0	8.0	1.0	0.0	0.0	240.0	21.0	5.0	2.0	19.0	25.0	0.0	15.0	35.0	152.0
	L	270.0	90.0	10.0	1.5	0.0	0.0	290.0	26.0	7.0	3.0	23.0	30.0	0.0	20.0	40.0	212.0
	LACTOSE																

	S	170.0	60.0	6.0	4.0	0.0	20.0	170.0	16.0	0.0	15.0	10.0	20.0	0.0	60.0	0.0	123.0
	M	230.0	80.0	9.0	5.0	0.0	25.0	230.0	21.0	0.0	20.0	14.0	25.0	0.0	80.0	0.0	152.0
	L	280.0	90.0	10.0	6.0	0.0	30.0	280.0	26.0	0.0	25.0	17.0	30.0	0.0	90.0	0.0	212.0
LatteBené au caramel	ENTIER																
	S	300.0	90.0	10.0	7.0	0.3	35.0	240.0	44.0	0.0	31.0	9.0	8.0	4.0	30.0	2.0	123.0
	M	400.0	130.0	14.0	9.0	0.4	50.0		59.0	0.0	41.0	12.0	10.0	6.0	40.0	2.0	152.0
	L	500.0	150.0	17.0	11.0	0.5	60.0	400.0	73.0	0.0	51.0	14.0	15.0	8.0	50.0	2.0	212.0
	ÉCRÉMÉ																
	S	230.0	20.0	2.0	2.0	0.0	5.0	250.0	45.0	0.0	29.0	9.0	15.0	4.0	30.0	2.0	123.0
	M	310.0	25.0	3.0	2.5	0.0	10.0	330.0	60.0	0.0	39.0	12.0	20.0	6.0	40.0	2.0	152.0
	L	390.0	35.0	3.5	3.0	0.1	10.0	410.0	74.0	0.0	48.0	15.0	25.0	8.0	50.0	2.0	212.0
	2.00%																
	S	270.0	60.0	7.0	4.5	0.2	20.0	240.0	44.0	0.0	30.0	9.0	15.0	4.0	30.0	2.0	123.0
	M	370.0	80.0	9.0	6.0	0.3	30.0	320.0	59.0	0.0	40.0	12.0	20.0	6.0	40.0	2.0	152.0
	L	450.0	100.0	11.0	8.0	0.3	35.0	400.0	74.0	0.0	50.0	15.0	25.0	8.0	50.0	2.0	212.0
	SOJA																
	S	280.0	60.0	7.0	2.0	0.0	0.0	250.0	45.0	3.0	19.0	12.0	15.0	0.0	10.0	20.0	123.0
	M	370.0	80.0	9.0	3.0	0.0	0.0	340.0	60.0	5.0	25.0	16.0	20.0	0.0	15.0	30.0	152.0
	L	460.0	100.0	11.0	3.5	0.0	0.0	420.0	74.0	6.0	32.0	20.0	25.0	0.0	15.0	35.0	212.0
	LACTOSE																
	S	280.0	60.0	7.0	5.0	0.0	15.0	250.0	45.0	0.0	30.0	9.0	15.0	0.0	50.0	0.0	123.0
	M	380.0	90.0	10.0	6.0	0.0	25.30	340.0	60.0	0.0	40.0	12.0	20.0	0.0	70.0	0.0	152.0
	L	470.0	100.0	12.0	8.0	0.0	30.0	410.0	74.0	0.0	50.0	14.0	25.0	0.0	80.0	0.0	212.0
LatteBené moka	ENTIER																
	S	290.0	110.0	13.0	7.0	1.5	45.0	280.0	34.0	1.0	33.0	13.0	10.0	4.0	40.0	6.0	126.0
	M	390.0	150.0	17.0	10.0	1.5	55.0	370.0	46.0	1.0	45.0	17.0	15.0	6.0	50.0	8.0	156.0
	L	480.0	190.0	21.0	12.0	2.0	70.0	460.0	56.0	1.0	55.0	21.0	15.0	8.0	70.0	10.0	217.0
	ÉCRÉMÉ																
	S	210.0	25.0	3.0	1.5	1.0	5.0	290.0	34.0	1.0	31.0	13.0	20.0	6.0	40.0	6.0	126.0
	M	280.0	35.0	4.0	1.5	1.0	5.0	390.0	46.0	1.0	42.0	18.0	25.0	6.0	60.0	8.0	156.0
	L	350.0	40.0	5.0	2.0	1.5	10.0	470.0	57.0	1.0	52.0	22.0	30.0	8.0	70.0	10.0	217.0
	2.00%																
	S	260.0	70.0	8.0	4.5	1.0	25.0	280.0	34.0	1.0	32.0	13.0	15.0	6.0	40.0	6.0	126.0
	M	340.0	100.0	11.0	6.0	1.5	30.0	380.0	46.0	1.0	44.0	17.0	25.0	6.0	50.0	8.0	156.0
	L	420.0	120.0	14.0	8.0	2.0	40.0	460.0	57.0	1.0	54.0	21.0	30.0	8.0	70.0	10.0	217.0
	SOJA																
	S	260.0	70.0	8.0	1.5	1.0	0.0	300.0	35.0	2.0	19.0	16.0	20.0	0.0	15.0	30.0	126.0
	M	350.0	100.0	11.0	2.0	1.0	0.0	400.0	47.0	7.0	26.0	22.0	25.0	0.0	25.0	40.0	156.0
	L	430.0	120.0	14.0	2.5	1.5	0.0	490.0	57.0	8.0	32.0	27.0	30.0	0.0	30.0	50.0	217.0
	LACTOSE																
	S	270.0	80.0	9.0	4.5	1.0	20.0	290.0	35.0	1.0	33.0	13.0	20.0	0.0	60.0	6.0	126.0
	M	360.0	100.0	12.0	6.0	1.0	25.0	390.0	47.0	1.0	44.0	17.0	25.0	0.0	90.0	6.0	156.0
	L	440.0	130.0	14.0	8.0	1.5	30.0	480.0	57.0	1.0	54.0	21.0	30.0	0.0	100.0	8.0	217.0
LatteBené à la vanille française	ENTIER																
	S	250.0	80.0	9.0	5.0	0.3	35.0	140.0	35.0	0.0	35.0	9.0	8.0	4.0	30.0	2.0	123.0
	M	340.0	110.0	12.0	7.0	0.4	50.0	190.0	47.0	0.0	47.0	12.0	10.0	6.0	40.0	2.0	152.0
	L	420.0	130.0	14.0	9.0	0.5	60.0	230.0	58.0	0.0	58.0	14.0	15.0	8.0	45.0	2.0	212.0
	ÉCRÉMÉ																
	S	180.0	5.0	0.5	0.3	0.0	5.0	150.0	36.0	0.0	33.0	9.0	15.0	4.0	30.0	2.0	123.0
	M	250.0	5.0	1.0	0.5	0.0	5.0	200.0	48.0	0.0	45.0	12.0	20.0	6.0	40.0	2.0	152.0
	L	310.0	10.0	1.0	0.5	0.0	10.0	240.0	59.0	0.0	56.0	15.0	25.0	8.0	50.0	2.0	212.0
	2.00%																
	S	220.0	45.0	5.0	3.0	0.2	20.0	140.0	35.0	0.0	34.0	9.0	15.0	4.0	30.0	2.0	123.0
	M	300.0	60.0	7.0	4.0	0.2	25.0	190.0	47.0	0.0	46.0	12.0	20.0	6.0	40.0	2.0	152.0
	L	370.0	80.0	8.0	5.0	0.3	30.0	230.0	59.0	0.0	57.0	14.0	25.0	8.0	45.0	2.0	212.0
	SOJA																
	S	230.0	45.0	5.0	0.5	0.0	0.0	150.0	36.0	3.0	23.0	12.0	15.0	0.0	10.0	20.0	123.0
	M	310.0	60.0	7.0	1.0	0.0	0.0	210.0	48.0	5.0	31.0	16.0	20.0	0.0	10.0	30.0	152.0
	L	380.0	80.0	8.0	1.0	0.0	0.0	260.0	60.0	6.0	39.0	19.0	25.0	0.0	15.0	35.0	212.0
	LACTOSE																
	S	230.0	50.0	5.0	3.0	0.0	15.0	150.0	36.0	0.0	35.0	9.0	15.0	0.0	50.0	0.0	123.0
	M	310.0	70.0	7.0	4.5	0.0	20.0	200.0	48.0	0.0	47.0	12.0	20.0	0.0	70.0	0.0	152.0
	L	380.0	80.0	9.0	5.0	0.0	25.0	260.0	59.0	0.0	58.0	14.0	25.0	0.0	80.0	0.0	212.0
Café au Lait	ENTIER																
	S	120.0	50.0	6.0	4.0	0.2	25.0	95.0	9.0	0.0	9.0	6.0	6.0	2.0	20.0	2.0	103.0
	M	150.0	70.0	8.0	5.0	0.3	35.0	125.0	12.0	0.0	12.0	8.0	8.0	4.0	25.0	2.0	137.0
	L	190.0	90.0	10.0	6.0	0.4	40.0	160.0	15.0	0.0	15.0	10.0	10.0	4.0	35.0	2.0	172.0
	ÉCRÉMÉ																
	S	70.0	3.0	0.3	0.2	0.0	5.0	100.0	10.0	0.0	8.0	6.0	10.0	4.0	20.0	2.0	103.0
	M	90.0	4.0	0.4	0.3	0.0	5.0	130.0	13.0	0.0	11.0	9.0	15.0	4.0	30.0	2.0	137.0
	L	110.0	5.0	0.5	0.3	0.0	5.0	160.0	16.0	0.0	13.0	11.0	20.0	6.0	35.0	2.0	172.0
	2.00%																
	S	100.0	30.0	3.5	2.0	0.1	15.0	95.0	9.0	0.0	9.0	6.0	10.0	2.0	20.0	2.0	103.0
	M	130.0	40.0	4.5	3.0	0.2	20.0	125.0	13.0	0.0	12.0	8.0	15.0	4.0	25.0	2.0	137.0
	L	160.0	50.0	6.0	3.5	0.2	25.0	160.0	16.0	0.0	15.0	10.0	15.0	4.0	35.0	2.0	172.0
	SOJA																
	S	100.0	30.0	3.5	0.4	0.0	0.0	105.0	10.0	2.0	1.0	8.0	10.0	0.0	6.0	15.0	103.0
	M	130.0	40.0	4.5	0.5	0.0	0.0	140.0	13.0	3.0	1.0	11.0	15.0	0.0	8.0	20.0	137.0
	L	170.0	50.0	6.0	0.5	0.0	0.0	170.0	16.0	4.0	2.0	14.0	20.0	0.0	10.0	25.0	172.0
	LACTOSE																
	S	100.0	35.0	4.0	2.5	0.0	10.0	100.0	10.0	0.0	9.0	6.0	10.0	0.0	35.0	0.0	103.0

	M	130.0	45.0	5.0	3.0	0.0	15.0	135.0	13.0	0.0	12.0	8.0	15.0	0.0	45.0	0.0	137.0
	L	170.0	60.0	6.0	4.0	0.0	20.0	170.0	16.0	0.0	15.0	10.0	20.0	0.0	60.0	2.0	172.0
Chocolat Chaud[1]	ENTIER																
	S	340.0	120.0	15.0	9.0	1.5	50.0	320.0	40.0	1.0	40.0	15.0	10.0	6.0	50.0	6.0	0.0
	M	450.0	180.0	20.0	11.0	2.0	65.0	430.0	53.0	1.0	53.0	20.0	15.0	83.0	60.0	10.0	0.0
	L	570.0	220.0	26.0	14.0	2.5	85.0	540.0	66.0	2.0	66.0	25.0	20.0	10.0	80.0	10.0	0.0
	ÉCRÉMÉ																
	S	250.0	30.0	3.5	1.5	1.0	5.0	330.0	40.0	1.0	38.0	16.0	20.0	6.0	50.0	6.0	0.0
	M	330.0	40.0	4.5	2.0	1.5	10.0	450.0	54.0	1.0	50.0	21.0	30.0	8.0	70.0	8.0	0.0
	L	410.0	50.0	6.0	2.5	2.0	10.0	560.0	67.0	2.0	63.0	26.0	35.0	10.0	80.0	10.0	0.0
	2.00%																
	S	300.0	90.0	10.0	5.0	1.5	25.0	330.0	40.0	1.0	39.0	15.0	20.0	6.0	50.0	6.0	0.0
	M	400.0	120.0	13.0	7.0	22.0	35.0	440.0	53.0	1.0	52.0	21.0	30.0	8.0	60.0	10.0	0.0
	L	500.0	150.0	16.0	9.0	2.0	45.0	550.0	67.0	2.0	65.0	26.0	35.0	10.0	80.0	10.0	0.0
	SOJA																
	S	310.0	90.0	10.0	2.0	1.0	0.0	350.0	41.0	6.0	23.0	20.0	25.0	0.0	20.0	35.0	0.0
	M	410.0	120.0	13.0	2.5	1.5	0.0	460.0	54.0	8.0	31.0	26.0	30.0	0.0	25.0	45.0	0.0
	L	510.0	150.0	16.0	3.0	2.0	0.0	580.0	68.0	10.0	39.0	33.0	40.0	0.0	35.0	60.0	0.0
	LACTOSE																
	S	310.0	100.0	10.0	6.0	1.0	25.0	340.0	41.0	1.0	39.0	15.0	25.0	0.0	80.0	6.0	0.0
	M	420.0	120.0	14.0	7.0	1.5	30.0	450.0	54.0	1.0	53.0	20.0	30.0	0.0	100.0	8.0	0.0
	L	520.0	150.0	17.0	9.0	2.0	40.0	570.0	68.0	2.0	66.0	25.0	40.0	0.0	130.0	10.0	0.0
Chai Latte	ENTIER																
	S	340.0	150.0	16.0	8.0	2.0	50.0	230.0	39.0	0.0	38.0	13.0	10.0	6.0	40.0	2.0	99.0
	M	450.0	200.0	22.0	11.0	3.0	65.0	310.0	52.0	0.0	51.0	17.0	15.0	8.0	60.0	2.0	132.0
	L	570.0	240.0	27.0	14.0	3.5	85.0	390.0	64.0	0.0	63.0	22.0	20.0	10.0	70.0	2.0	165.0
	ÉCRÉMÉ																
	S	250.0	40.0	4.5	1.5	2.0	5.0	240.0	39.0	0.0	36.0	13.0	20.0	6.0	45.0	2.0	99.0
	M	330.0	60.0	6.0	1.5	2.5	10.0	320.0	53.0	0.0	48.0	18.0	30.0	8.0	60.0	2.0	132.0
	L	410.0	70.0	8.0	2.0	3.0	10.0	410.0	66.0	0.0	60.0	22.0	35.0	10.0	70.0	2.0	165.0
	2.00%																
	S	300.0	100.0	11.0	5.0	2.0	25.0	240.0	39.0	0.0	37.0	13.0	20.0	40.0	2.0	2.0	99.0
	M	400.0	130.0	15.0	7.0	2.5	35.0	320.0	52.0	0.0	50.0	17.0	30.0	8.0	60.0	2.0	132.0
	L	500.0	170.0	18.0	9.0	3.5	45.0	390.0	65.0	0.0	62.0	22.0	35.0	10.0	70.0	2.0	165.0
	SOJA																
	S	310.0	100.0	11.0	2.0	2.0	0.0	260.0	40.0	5.0	22.0	17.0	25.0	0.0	15.0	30.0	99.0
	M	410.0	130.0	153.0	2.5	2.5	0.0	340.0	53.0	6.0	29.0	23.0	30.0	0.0	20.0	40.0	132.0
	L	510.0	170.0	19.0	3.0	3.0	0.0	430.0	66.0	8.0	36.0	29.0	40.0	0.0	25.0	50.0	165.0
	LACTOSE																
	S	310.0	100.0	12.0	5.0	2.0	25.0	250.0	40.0	0.0	38.0	13.0	25.0	0.0	70.0	0.0	99.0
	M	420.0	140.0	15.0	7.0	2.5	30.0	330.0	53.0	0.0	50.0	17.0	30.0	0.0	90.0	0.0	132.0
	L	520.0	170.0	19.0	9.0	3.0	40.0	410.0	66.0	0.0	63.0	21.0	40.0	0.0	120.0	0.0	165.0
Thé Au Lait	ENTIER																
	S	180.0	70.0	7.0	4.5	0.3	30.0	110.0	21.0	0.0	22.0	7.0	6.0	4.0	25.0	0.0	90.0
	M	240.0	90.0	10.0	6.0	0.4	40.0	150.0	29.0	0.0	30.0	10.0	10.0	4.0	30.0	2.0	120.0
	L	300.0	110.0	12.0	8.0	0.4	50.0	190.0	36.0	0.0	37.0	12.0	10.0	6.0	40.0	2.0	150.0
	ÉCRÉMÉ																
	S	120.0	4.0	0.4	0.2	0.0	5.0	115.0	22.0	0.0	21.0	8.0	15.0	4.0	25.0	0.0	90.0
	M	160.0	5.0	0.5	0.3	0.0	5.0	160.0	29.0	0.0	28.0	10.0	20.0	4.0	35.0	2.0	120.0
	L	210.0	5.0	0.5	0.4	0.0	5.0	200.0	37.0	0.0	35.0	13.0	25.0	6.0	40.0	2.0	150.0
	2.00%																
	S	150.0	40.0	4.0	2.5	0.2	15.0	110.0	22.0	0.0	22.0	7.0	15.0	4.0	25.0	0.0	90.0
	M	210.0	50.0	6.0	3.5	0.2	20.0	150.0	29.0	0.0	29.0	10.0	15.0	4.0	35.0	0.0	120.0
	L	260.0	60.0	7.0	4.5	0.3	20.0	190.0	36.0	0.0	36.0	12.0	20.0	6.0	40.0	2.0	150.0
	SOJA																
	S	160.0	40.0	4.5	0.5	0.0	0.0	125.0	22.0	3.0	12.0	10.0	15.0	0.0	8.0	15.0	90.0
	M	210.0	50.0	6.0	0.5	0.0	0.0	170.0	29.0	4.0	16.0	130.0	20.0	0.0	10.0	25.0	120.0
	L	270.0	60.0	7.0	1.0	0.0	0.0	210.0	37.0	5.0	20.0	17.0	25.0	0.0	15.0	30.0	150.0
	LACTOSE																
	S																
	M	220.0	50.0	6.0	3.5	0.0	20.0	160.0	29.0	0.0	29.0	10.0	20.0	0.0	60.0	0.0	120.0
	L	270.0	70.0	8.0	4.5	0.0	25.0	200.0	37.0	0.0	37.0	12.0	25.0	0.0	70.0	0.0	150.0
Thé	S	4.0	0.0	0.0	0.0	0.0	0.0	10.0	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	71.0
	M	5.0	0.0	0.0	0.0	0.0	0.0	15.0	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	94.0
	L	5.0	0.0	0.0	0.0	0.0	0.0	20.0	2.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	118.0
BOISSONS FROIDES																	
LatteBené glacé[1]	S	200.0	10.0	1.5	3.0	0.0	0.0	115.0	47.0	0.0	36.0	0.0	0.0	0.0	8.0	2.0	152.0
	M	260.0	15.0	2.5	1.5	0.0	0.0	150.0	63.0	0.0	48.0	0.0	0.0	0.0	10.0	2.0	203.0
	L	330.0	20.0	2.0	2.0	0.0	0.0	190.0	79.0	0.0	60.0	0.0	0.0	0.0	15.0	2.0	253.0
LatteBené glacé – faible en gras[1]	S	170.0	10.0	1.0	1.0	0.0	0.0	80.0	40.0	0.0	32.0	0.0	0.0	0.0	6.0	0.0	152.0
	M	230.0	10.0	1.0	1.0	0.0	0.0	85.0	57.0	0.0	49.0	0.0	0.0	0.0	6.0	0.0	203.0
	L	260.0	10.0	1.5	1.0	0.0	0.0	120.0	64.0	0.0	53.0	0.0	0.0	0.0	8.0	2.0	253.0
LatteBené glacé au caramel[1]	S	330.0	50.0	5.0	4.0	0.0	15.0	200.0	71.0	0.0	50.0	1.0	4.0	0.0	10.0	2.0	152.0
	M	450.0	35.0	4.0	3.5	0.0	5.0	310.0	105.0	0.0	71.0	0.0	0.0	0.0	15.0	4.0	203.0
	L	610.0	50.0	5.0	4.5	0.0	10.0	420.0	142.0	0.0	95.0	1.0	0.0	0.0	15.0	6.0	253.0
LatteBené glacé au moka[1]	S	290.0	10.0	1.5	1.0	0.0	0.0	115.0	71.0	0.0	60.0	0.0	0.0	0.0	8.0	2.0	152.0
	M	410.0	15.0	1.5	1.5	0.0	0.0	150.0	99.0	0.0	84.0	0.0	0.0	0.0	10.0	2.0	203.0
	L	570.0	20.0	2.0	2.0	0.0	0.0	190.0	139.0	0.0	60.0	0.0	0.0	0.0	15.0	2.0	253.0
LatteBené glacé à la vanille[1]	S	290.0	10.0	1.5	1.0	0.0	0.0	115.0	71.0	0.0	59.0	0.0	0.0	0.0	8.0	2.0	152.0
	M	400.0	15.0	1.5	1.5	0.0	0.0	150.0	98.0	0.0	82.0	0.0	0.0	0.0	10.0	2.0	203.0
	L	530.0	20.0	2.0	2.0	0.0	0.0	190.0	131.0	0.0	111.0	0.0	0.0	0.0	15.0	2.0	253.0

LatteBené à la vanille sur glace	ENTIER															
	S	190.0	50.0	6.0	3.5	0.2	20.0	95.0	31.0	0.0	30.0	5.0	6.0	2.0	20.0	2.0	123.0
	M	240.0	60.0	6.0	4.0	0.2	25.0	110.0	39.0	0.0	38.0	6.0	6.0	4.0	20.0	2.0	153.0
	L	330.0	90.0	10.0	6.0	0.4	40.0	170.0	52.0	0.0	51.0	10.0	10.0	4.0	30.0	2.0	212.0
	ÉCRÉMÉ															
	S	150.0	4.0	0.4	0.2	0.0	5.0	100.0	31.0	0.0	29.0	6.0	10.0	2.0	20.0	123.0	123.0
	M	190.0	4.0	0.5	0.3	0.0	5.0	115.0	39.0	0.0	37.0	6.0	10.0	4.0	20.0	2.0	153.0
	L	260.0	5.0	0.5	0.4	0.0	5.0	180.0	53.0	0.0	50.0	10.0	20.0	4.0	35.0	2.0	212.0
	2.00%															
	S	180.0	30.0	3.0	2.0	0.1	10.0	95.0	31.0	0.0	30.0	5.0	10.0	2.0	20.0	2.0	123.0
	M	220.0	35.0	3.5	2.0	0.1	15.0	110.0	39.0	0.0	38.0	6.0	10.0	4.0	20.0	2.0	153.0
	L	300.0	50.0	6.0	3.5	0.2	20.0	170.0	52.0	0.0	51.0	10.0	15.0	6.0	35.0	2.0	212.0
	SOJA															
	S	180.0	30.0	3.5	0.4	0.0	0.0	105.0	31.0	2.0	23.0	7.0	10.0	0.0	6.0	15.0	123.0
	M	220.0	35.0	3.5	0.5	0.0	0.0	120.0	40.0	2.0	30.0	8.0	10.0	0.0	6.0	15.0	153.0
	L	310.0	50.0	6.0	1.0	0.0	0.0	190.0	53.0	4.0	38.0	13.0	20.0	0.0	10.0	25.0	212.0
	LACTOSE															
	S	180.0	30.0	3.5	2.0	0.0	10.0	100.0	31.0	0.0	30.0	5.0	10.0	0.0	30.0	0.0	123.0
	M	220.0	35.0	4.0	2.5	0.0	10.0	115.0	40.0	0.0	38.0	6.0	10.0	0.0	354.0	0.0	153.0
	L	310.0	60.0	6.0	3.5	0.0	20.0	180.0	53.0	0.0	51.0	10.0	20.0	0.0	60.0	2.0	212.0
LatteBené au caramel sur glace	ENTIER															
	S	240.0	70.0	7.0	5.0	0.2	25.0	190.0	39.0	0.0	26.0	6.0	6.0	2.0	20.0	2.0	123.0
	M	300.0	80.0	8.0	6.0	0.2	25.0	240.0	51.0	0.0	33.0	6.0	6.0	4.0	20.0	2.0	153.0
	L	420.0	110.0	13.0	9.0	0.4	40.0	340.0	67.0	0.0	44.0	10.0	10.0	4.0	35.0	2.0	212.0
	ÉCRÉMÉ															
	S	200.0	20.0	2.0	2.0	0.0	5.0	200.0	40.0	0.0	25.0	6.0	10.0	2.0	20.0	2.0	123.0
	M	260.0	25.0	2.5	2.5	0.0	5.0	250.0	51.0	0.0	32.0	6.0	10.0	4.0	20.0	2.0	153.0
	L	340.0	30.0	3.5	3.0	0.1	5.0	350.0	67.0	0.0	42.0	10.0	20.0	4.0	35.0	2.0	212.0
	2.00%															
	S	230.0	45.0	5.0	3.5	0.1	15.0	200.0	40.0	0.0	25.0	6.0	10.0	2.0	20.0	2.0	123.0
	M	280.0	50.0	6.0	4.5	0.2	15.0	240.0	51.0	0.0	32.0	7.0	10.0	4.0	20.0	2.0	153.0
	L	390.0	80.0	9.0	6.0	0.2	25.0	340.0	67.0	0.0	43.0	10.0	15.0	6.0	35.0	2.0	212.0
	SOJA															
	S	230.0	45.0	5.0	2.0	0.0	0.0	200.0	40.0	2.0	18.0	8.0	10.0	0.0	6.0	15.0	123.0
	M	290.0	50.0	6.0	2.5	0.0	0.0	250.0	51.0	3.0	24.0	9.0	10.0	0.0	8.0	15.0	153.0
	L	390.0	80.0	9.0	3.5	0.0	0.0	360.0	668.0	4.0	31.0	13.0	20.0	0.0	10.0	25.0	212.0
	LACTOSE															
	S	230.0	45.0	5.0	3.5	0.0	10.0	200.0	40.0	0.0	26.0	6.0	10.0	0.0	30.0	0.0	123.0
	M	190.0	50.0	6.0	4.5	0.0	15.0	250.0	51.0	0.0	33.0	6.0	10.0	0.0	35.0	0.0	153.0
	L	400.0	80.0	9.0	6.0	0.0	20.0	350.0	68.0	0.0	44.0	10.0	20.0	0.0	60.0	2.0	212.0
Fusion de thé à la pêche-citronnelle	S	40.0	0.0	0.0	0.0	0.0	0.0	4.0	12.0	0.0	10.0	0.0	2.0	0.0	0.0	0.0	39.0
	M	60.0	0.0	0.0	0.0	0.0	0.0	5.0	18.0	0.0	15.0	0.0	4.0	0.0	0.0	0.0	49.0
	L	80.0	0.0	0.0	0.0	0.0	0.0	5.0	25.0	0.0	19.0	0.0	4.0	0.0	0.0	0.0	77.0
Fusion de thé au litchi-fraise	S	100.0	0.0	0.0	0.0	0.0	0.0	3.0	27.0	18.0	10.0	0.0	2.0	0.0	0.0	0.0	29.0
	M	140.0	0.0	0.0	0.0	0.0	0.0	5.0	41.0	0.0	27.0	0.0	4.0	0.0	0.0	0.0	50.0
	L	190.0	0.0	0.0	0.0	0.0	0.0	5.0	54.0	0.0	36.0	0.0	4.0	0.0	0.0	0.0	84.0
Choco Chill	ENTIER															
	S	200.0	60.0	7.0	3.5	1.0	15.0	160.0	29.0	1.0	28.0	7.0	4.0	0.0	20.0	4.0	3.0
	M	350.0	120.0	13.0	7.0	1.5	30.0	270.0	49.0	1.0	48.0	13.0	10.0	0.0	40.0	6.0	4.0
	L	500.0	170.0	19.0	10.0	2.0	50.0	370.0	69.0	1.0	67.0	19.0	15.0	0.0	60.0	8.0	5.0
	2.00%															
	S	180.0	45.0	5.0	2.5	1.0	10.0	180.0	30.0	1.0	28.0	7.0	8.0	2.0	20.0	4.0	3.0
	M	320.0	80.0	9.0	5.0	1.0	25.0	300.0	50.0	1.0	47.0	14.0	20.0	6.0	45.0	6.0	4.0
	L	450.0	110.0	12.0	7.0	1.5	35.0	410.0	70.0	1.0	65.0	20.0	25.0	8.0	60.0	8.0	5.0
	ÉCRÉMÉ															
	S	160.0	20.0	2.0	1.0	1.0	5.0	17.0	30.0	1.0	28.0	7.0	10.0	0.0	25.0	4.0	3.0
	M	270.0	25.0	3.0	1.5	1.0	5.0	270.0	51.0	1.0	47.0	14.0	20.0	0.0	45.0	6.0	4.0
	L	370.0	30.0	3.5	2.0	1.5	10.0	380.0	71.0	1.0	66.0	20.0	30.0	0.0	60.0	8.0	5.0
	SOJA															
	S	190.0	40.0	4.5	1.0	1.0	0.0	180.0	32.0	2.0	27.0	7.0	0.0	0.0	10.0	10.0	3.0
	M	330.0	70.0	8.0	1.5	1.0	0.0	300.0	55.0	3.0	44.0	13.0	0.0	0.0	15.0	20.0	4.0
	L	470.0	100.0	12.0	2.0	1.5	0.0	420.0	77.0	4.0	61.0	19.0	0.0	0.0	20.0	30.0	5.0
	LACTOSE															
	S	190.0	45.0	5.0	2.5	1.0	10.0	180.0	30.0	1.0	28.0	7.0	10.0	0.0	35.0	4.0	3.0
	M	330.0	80.0	9.0	5.0	1.0	20.0	310.0	51.0	1.0	47.0	13.0	20.0	0.0	70.0	6.0	4.0
	L	470.0	120.0	13.0	7.0	1.5	30.0	430.0	71.0	1.0	65.0	19.0	30.0	0.0	100.0	6.0	5.0
Choco Chill à la banane[1]	ÉCRÉMÉ															
	S	240.0	20.0	2.0	1.5	0.0	5.0	33.0	48.0	1.0	43.0	11.0	10.0	0.0	45.0	8.0	4.5
	M	340.0	25.0	2.5	2.0	0.0	5.0	440.0	67.0	2.0	61.0	14.0	15.0	0.0	60.0	10.0	6.0
	L	430.0	30.0	3.5	2.5	0.0	10.0	550.0	86.0	2.0	79.0	17.0	10.0	0.0	70.0	10.0	7.5
	LACTOSE															
	S	270.0	50.0	5.0	3.5	0.0	20.0	310.0	4.5	1.0	41.0	12.0	10.0	0.0	45.0	8.0	4.5
	M	370.0	60.0	7.0	5.0	0.0	25.0	410.0	63.0	2.0	59.0	15.0	15.0	0.0	60.0	10.0	6.0
	L	470.0	80.0	9.0	6.0	0.0	30.0	510.0	82.0	2.0	76.0	19.0	1.0	5.0	70.0	10.0	7.5
	ENTIER															
	S	300.0	70.0	8.0	5.0	0.0	25.0	330.0	48.0	1.0	43.0	11.0	6.0	0.0	45.0	8.0	4.5
	M	410.0	90.0	10.0	7.0	0.0	35.0	440.0	67.0	2.0	61.0	14.0	8.0	0.0	60.0	10.0	6.0
	L	510.0	110.0	12.0	8.0	0.0	40.0	540.0	86.0	2.0	79.0	17.0	10.0	0.0	70.0	10.0	7.5
	2.00%															
	S	380.0	50.0	5.0	3.5	0.0	20.0	330.0	48.0	1.0	43.0	11.0	10.0	0.0	45.0	8.0	4.5
	M	380.0	60.0	7.0	5.0	0.0	25.0	440.0	67.0	2.0	61.0	14.0	15.0	0.0	60.0	10.0	6.0
	L	480.0	80.0	10.0	9.0	6.0	0.0	30.0	540.0	86.0	2.0	79.0	17.0	0.0	70.0	10.0	7.5

Choco Chill au caramel[1]	ENTIER																
	S	510.0	90.0	10.0	7.0	0.0	35.0	520.0	94.0	1.0	67.0	11.0	10.0	0.0	45.0	10.0	4.5
	M	680.0	120.0	130	10.0	0.0	45.0	710.0	128.0	2.0	91.0	14.0	8.0	0.0	60.0	15.0	6.0
	L	860.0	150.0	17.0	12.0	0.0	55.0	890.0	163.0	2.0	114.0	18.0	15.0	0.0	80.0	15.0	7.5
	2.00%																
	S	490.0	70.0	8.0	6.0	0.0	25.0	520.0	94.0	1.0	67.0	11.0	10.0	0.0	45.0	10.0	4.5
	M	660.0	100.0	11.0	8.0	0.0	35.0	710.0	128.0	2.0	91.0	14.0	8.0	0.0	60.0	15.0	6.0
	L	830.0	120.0	14.0	10.0	0.0	45.0	890.0	163.0	1.0	114.0	18.0	15.0	0.0	80.0	15.0	7.5
	ÉCRÉMÉ																
	S	450.0	45.0	4.5	4.0	0.0	15.0	530.0	94.0	1.0	67.0	11.0	10.0	0.0	45.0	10.0	4.5
	M	610.0	60.0	6.0	5.0	0.0	20.0	710.0	128.0	2.0	91.0	14.0	8.0	0.0	60.0	15.0	6.0
	L	780.0	70.0	8.0	7.0	0.0	25.0	900.0	163.0	2.0	114.0	18.0	15.0	0.0	80.0	15.0	7.5
	LACTOSE																
	S	480.0	70.0	8.0	6.0	0.0	25.0	500.0	91.0	1.0	35.0	12.0	10.0	0.0	45.0	10.0	4.5
	M	650.0	100.0	11.0	8.0	0.0	35.0	680.0	125.0	2.0	88.0	16.0	8.0	0.0	60.0	15.0	6.0
	L	820.0	120.0	14.0	10.0	0.0	45.0	860.0	158.0	2.0	111.0	20.0	15.0	0.0	80.0	15.0	7.5
Choco Chill à la noisette[1]	ENTIER																
	S	300.0	70.0	8.0	5.0	0.0	25.0	330.0	48.0	1.0	43.0	11.0	6.0	0.0	45.0	8.0	4.5
	M	410.0	90.0	10.0	7.0	0.0	35.0	440.0	67.0	2.0	61.0	14.0	8.0	0.0	60.0	10.0	6.0
	L	510.0	110.0	12.0	8.0	0.0	40.0	540.0	86.0	2.0	79.0	17.0	10.0	0.0	70.0	10.0	7.5
	2.00%																
	S	380.0	50.0	5.0	3.5	0.0	20.0	330.0	48.0	1.0	43.0	11.0	10.0	0.0	45.0	8.0	4.5
	M	380.0	60.0	7.0	5.0	0.0	25.0	440.0	67.0	2.0	61.0	14.0	15.0	0.0	60.0	10.0	6.0
	L	480.0	80.0	9.0	6.0	0.0	30.0	540.0	86.0	2.0	79.0	17.0	10.0	0.0	70.0	10.0	7.5
	ÉCRÉMÉ																
	S	240.0	20.0	2.0	1.5	0.0	5.0	330.0	48.0	1.0	43.0	11.0	10.0	0.0	45.0	8.0	4.5
	M	370.0	60.0	7.0	5.0	0.0	25.0	410.0	63.0	2.0	59.0	15.0	15.0	0.0	60.0	10.0	6.0
	L	470.0	80.0	9.0	6.30	0.0	30.0	510.0	82.0	2.0	76.0	19.0	15.0	0.0	70.0	10.0	7.5
	LACTOSE																
	S	270.0	50.0	5.0	3.5	0.0	20.0	310.0	45.0	1.0	41.0	12.0	10.0	0.0	45.0	8.0	4.5
	M	370.0	60.0	7.0	5.0	0.0	25.0	410.0	63.0	2.0	59.0	15.0	15.0	0.0	60.0	10.0	6.0
	L	270.0	90.0	10.0	1.5	0.0	0.0	290.0	26.0	7.0	3.0	23.0	30.0	0.0	70.0	10.0	7.5
Smoothie aux fruits – Fraise Banane	S	200.0	0.0	0.0	0.0	0.0	0.0	15.0	50.0	2.0	47.0	1.0	0.0	45.0	4.0	2.0	0.0
	M	260.0	0.0	0.0	0.0	0.0	0.0	20.0	65.0	2.0	61.0	1.0	0.0	60.0	4.0	2.0	0.0
	L	360.0	0.0	0.0	0.0	0.0	0.0	30.0	90.0	3.0	84.0	1.0	0.0	80.0	6.0	2.0	0.0
Smoothie aux fruits – Mangue Tropicale	S	200.0	0.0	0.0	0.0	0.0	0.0	15.0	50.0	2.0	42.0	2.0	80.0	40.0	4.0	4.0	0.0
	M	260.0	0.0	0.0	0.0	0.0	0.0	20.0	65.0	2.0	55.0	2.0	100.0	50.0	4.0	4.0	0.0
	L	360.0	0.0	0.0	0.0	0.0	0.0	30.0	90.0	3.0	76.0	3.0	140.0	70.0	6.0	6.0	0.0
Smoothie aux fruits – Quatre baies	S	200.0	0.0	0.0	0.0	0.0	0.0	15.0	48.0	2.0	44.0	2.0	4.0	15.0	4.0	6.0	0.0
	M	260.0	0.0	0.0	0.0	0.0	0.0	20.0	63.0	2.0	57.0	2.0	4.0	20.0	4.0	8.0	0.0
	L	360.0	0.0	0.0	0.0	0.0	0.0	30.0	87.0	3.0	79.0	3.0	6.0	30.0	6.0	10.0	0.0
K-CUPS																	
Café K-Cup®	17g	90.0		4.5	4.0	0.0	0.0	100.0	10.0	0.0	7.0	1.0	0.0	0.0	6.0	0.0	
Thé K-Cup®	17g	90.0		4.5	4.0	0.0	0.0	100.0	10.0	0.0	7.0	1.0	0.0	0.0	6.0	0.0	
Chocolat blanc chaud K-Cup® Packs	17g	90.0		4.5	4.0	0.0	0.0	100.0	10.0	0.0	7.0	1.0	0.0	0.0	6.0	0.0	
SUPPLEMENT																	
[1]Crème fouettée	+40.0																

Les informations nutritionnelles ici listées sont basées sur des recettes et formulations standardisées. Des variations peuvent s'appliquer du, en partie, à la différence d'assemblage et préparation des produits au niveau du restaurant, à la différence des fournisseurs, à la substitution d'ingrédients, au changement de recette ou de saison. MTY Tiki Ming Enterprises Inc. et ses employés n'endossent aucune responsabilité pour toute variation du contenu nutritionnel des produits offerts dans ses magasin d'usine et pour les informations nutritionnelles ici listées.